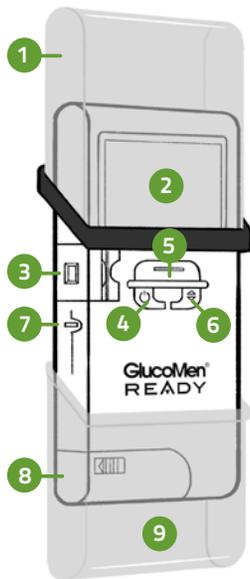




DO IT YOURSELF IN A FEW STEPS

ILLUSTRATED GUIDE TO
GlucoMen® READY





FRONT VIEW

- 1 TOP COVER (REMOVABLE)
- 2 LCD DISPLAY
- 3 LANCET HOLDER (REMOVABLE)
- 4 ON/OFF BUTTON
- 5 TRIGGER BUTTON
- 6 ARROW BUTTON
- 7 TEST STRIP SLOT
- 8 CARTRIDGE CONTAINER
- 9 BOTTOM COVER (REMOVABLE)



REAR VIEW

- 10 BATTERY HOUSING (REMOVABLE LID)
- 11 DATA OUTPUT PORT
- 12 BOTTOM COVER REMOVAL LEVER (TO CHANGE CARTRIDGE)
- 13 TOP COVER REMOVAL LEVER (TO CHANGE BATTERY)





Glucomen® READY features all you need to perform your own blood glucose test at any moment:

LANCET HOLDER
The lancet holder is housed inside the meter.

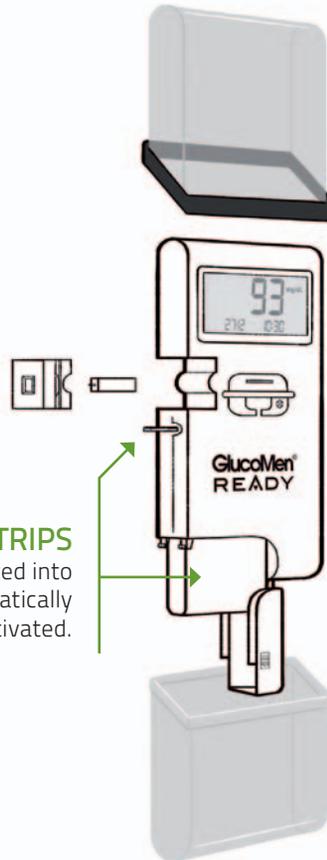
25 TEST STRIPS
The strips are integrated into the meter and automatically come out when activated.

GLUCOMETER

COVER

The cover protects the meter and activates the strip and lancet.

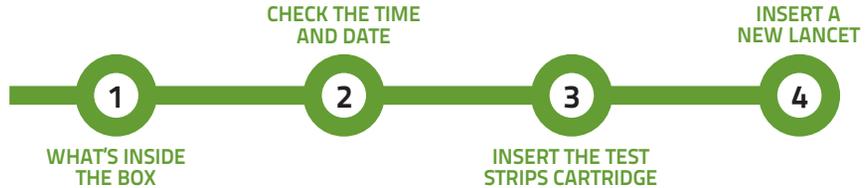
Follow the instructions in this guide to learn how to use **Glucomen® READY** and get acquainted with all its functions.



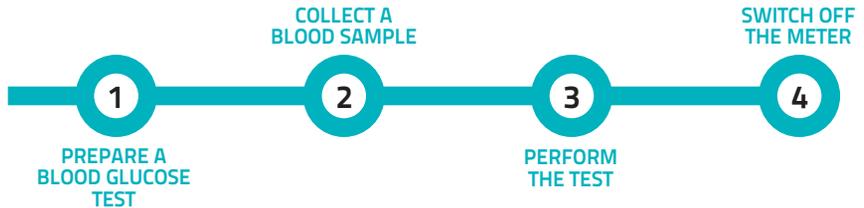


SUMMARY

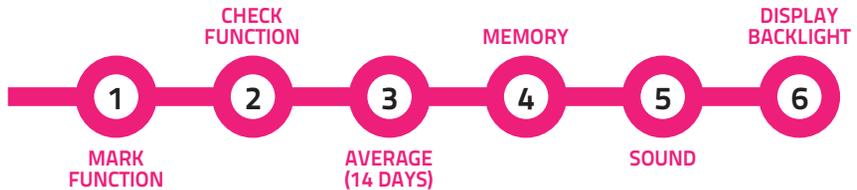
SETTING-UP THE METER



PERFORMING A BLOOD GLUCOSE TEST



OTHER FUNCTIONS





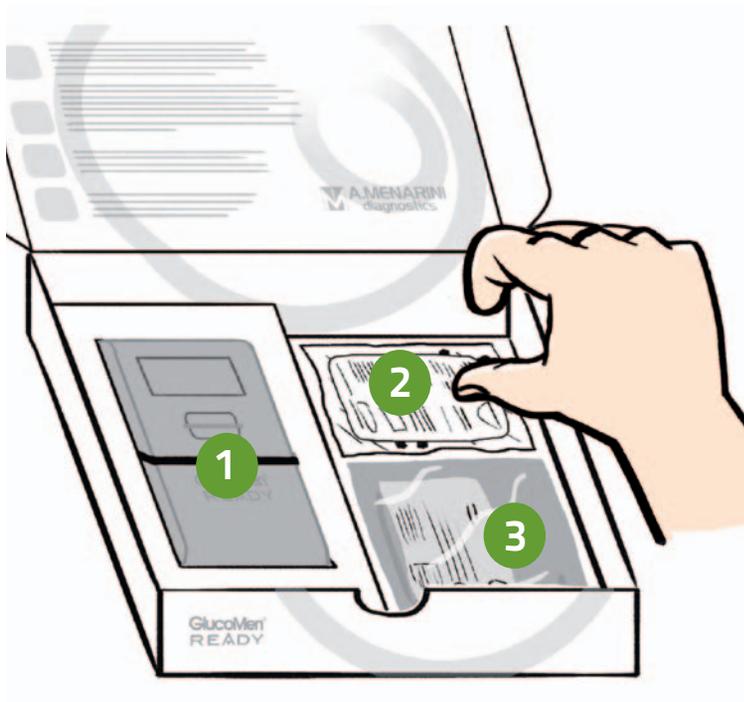
SETTING-UP THE METER

FOLLOW THESE SIMPLE INSTRUCTIONS
TO SET-UP **GlucoseMen® READY**.

The GlucoMen READY box contains:

- 1 A GlucoMen® READY meter
- 2 A 25 GlucoMen® READY Sensor test strips cartridge
- 3 A plastic bag containing 10 GlucoMen® READY Lancet

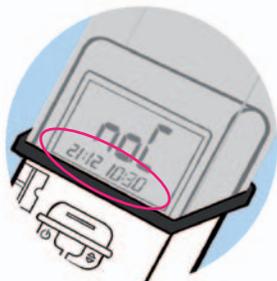
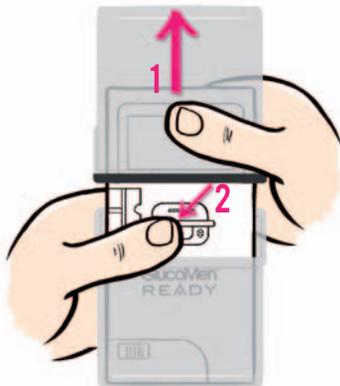
Plus all the **technical and supporting documentation** that you need to operate the meter properly.



2.1 CHECK THAT THE TIME AND DATE ARE CORRECT

Before starting, make sure that the displayed time and date are correct.

Slide the top cover up and press the ON/OFF button to **switch on the meter**.



The info displayed in the figure opposite will appear for 2 seconds. **If the time and date are not correct**, change them by following the instructions reported hereafter.

2.2 CHANGE THE TIME AND DATE

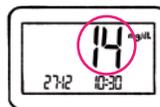
Press and hold **the ON/OFF button for 3 seconds**: the word **"SET"** will appear on the screen.

Press the ON/OFF button again, briefly: **the year starts blinking**.

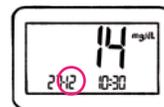
If the year isn't correct, **change it by using the arrow button**. Press the ON/OFF button to confirm.

Repeat the same operation to change the **month, day, 12/24h mode, hour and minutes**.

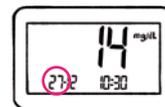
When you're done, press and hold **the ON/OFF button for 3 seconds** to exit SET mode.



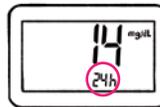
Year



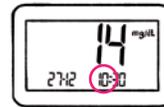
Month



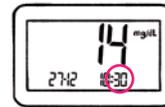
Day



12/24h mode



Hour



Minutes

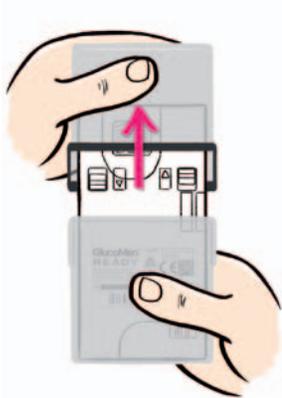
3

INSERT THE TEST STRIPS CARTRIDGE

Before starting to use the meter, insert the test strips cartridge following the simple instructions below.

3.1 REMOVE THE BOTTOM COVER

Hold **GlucoMen® READY** facing the back of the meter and **slide the top cover upwards**.

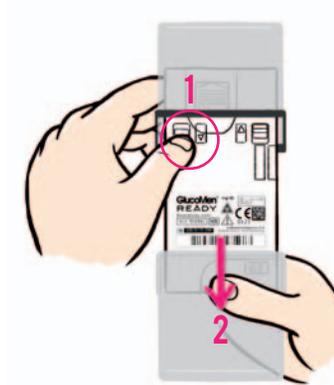


Push the **left white removal lever** downwards (you'll see a downwards pointing arrow next to the white lever).



NOTE

BEFORE PUSHING THE WHITE LEVER, MAKE SURE THAT **THE BOTTOM COVER IS COMPLETELY CLOSED** BY PUSHING IT GENTLY UPWARDS.



Holding the white lever in down position, **slide and remove the bottom cover** of the meter.

3.2 INSERT THE CARTRIDGE

Hold the meter facing the screen and **remove the lid of the cartridge container** by sliding it leftwards, then downwards.

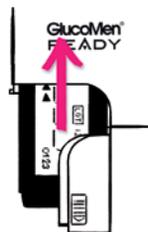


Take the cartridge out of the aluminium foil bag.



NOTE

THE CARTRIDGE HAS A **30 DAYS** SHELF-LIFE AFTER OPENING.



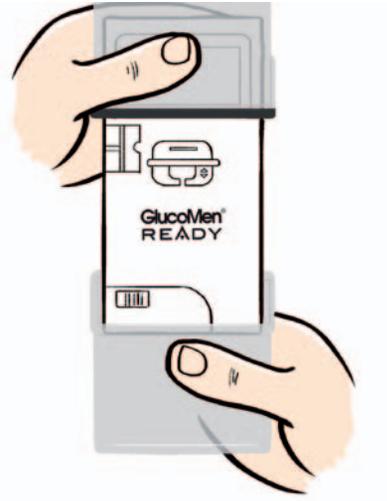
Insert the cartridge following the direction indicated by the small arrows, as in the figure opposite.

Put the lid back into place by pushing it upwards, then sliding it slightly on the left, then pushing it rightwards until you hear a "click".



3.3 PUT THE BOTTOM COVER BACK INTO PLACE

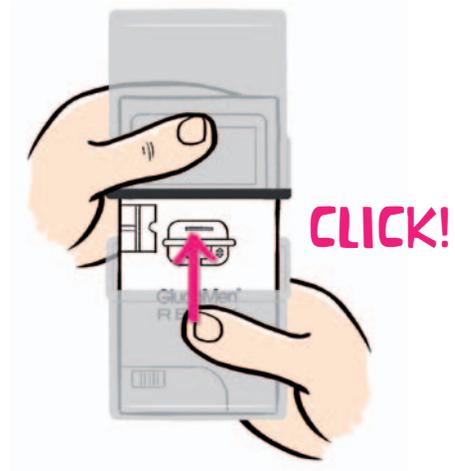
Holding the meter with the screen up, **bring the bottom cover close to the meter** with its longest edge positioned at the back, as shown in the figure below.



NOTE

MAKE SURE THAT **THE LONGEST EDGE** OF THE COVER IS POSITIONED **AT THE BACK** OF THE METER.

Slide the cover upwards until you hear a "click".



The cartridge has been inserted. You can now perform up to **25 blood glucose tests** (or 10 tests with the cartridge included in the box).

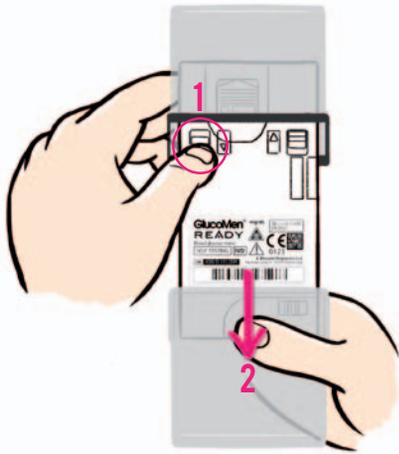
4

INSERT A NEW LANCET

To insert a new lancet, follow the instructions below.

4.1 REMOVE THE BOTTOM COVER

To insert a new lancet, you first need to **remove the bottom cover** (see par. 3.1).



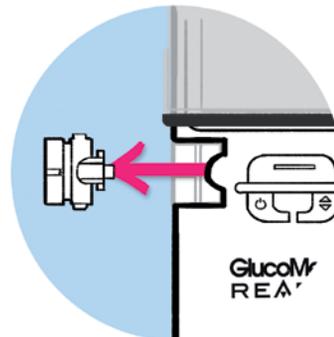
TIP

FOR THE NEXT REPLACEMENTS OF THE LANCET, WHEN YOU'RE BETTER ACQUAINTED WITH THE METER, WE SUGGEST **SLIDING THE BOTTOM COVER DOWN** (INSTEAD OF REMOVING IT COMPLETELY) UNTIL IT IS POSSIBLE TO EXTRACT THE LANCET HOLDER (AS IN THE FIGURE OPPOSITE).

NOTE: DO NOT LOWER THE BOTTOM COVER TOO MUCH SO THAT A TEST STRIP DOESN'T AUTOMATICALLY COME OUT.



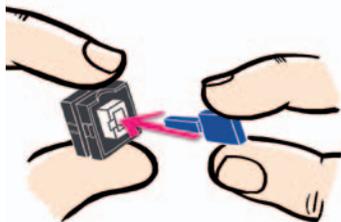
4.2 EXTRACT THE LANCET HOLDER



Remove the lancet holder by **pulling it laterally**.

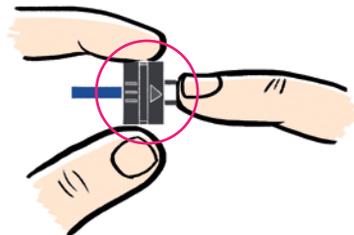
4.3 INSERT A LANCET

Take a lancet from the plastic bag included in the GlucoMen® READY box.



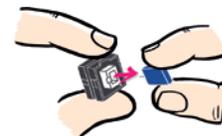
Hold the lancet by its **largest end** and insert it at the **rear of the lancet holder** (as in the figure opposite).

Push the lancet all the way inside the lancet holder.

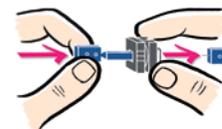


TIP

FOR THE NEXT REPLACEMENTS, **PULL OUT THE USED LANCET FROM THE REAR** OF THE LANCET HOLDER.

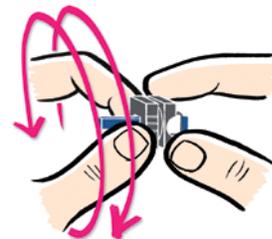


AS AN ALTERNATIVE, YOU CAN **PUSH THE USED LANCET AT THE FRONT** OF THE LANCET HOLDER USING THE FINER END OF THE NEW LANCET.



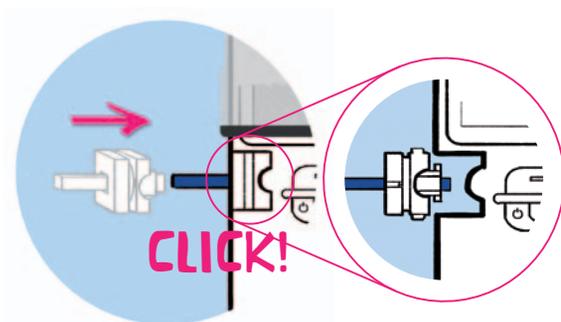
4.4 ADJUST PUNCTURE DEPTH

To adjust puncture depth, **rotate the external part** of the lancet holder. The **semi-circular notches** of the internal part **indicates depth**.



4.5 PUT THE LANCET HOLDER BACK INTO PLACE

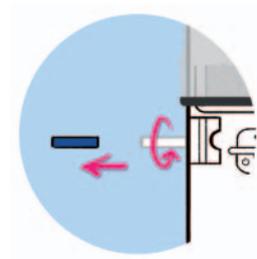
Put the lancet holder back into **its housing**. When the lancet holder is correctly installed you will hear a "click".



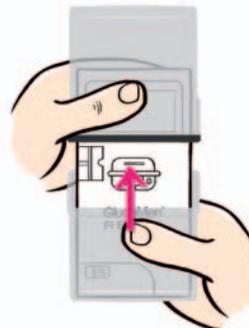
NOTE

TO INSERT THE LANCET HOLDER CORRECTLY, MAKE SURE THAT THE SEMI-CIRCULAR NOTCHES OF THE LANCET HOLDER FIT WITH THOSE OF THE METER.

Remember to **remove the blue cap** of the lancet by rotating it and sliding it off.



4.6 PUT THE BOTTOM COVER BACK INTO PLACE



Put the bottom cover back into place **holding the meter screen up** (see par. 3.3).

The lancet is now ready for the next test.
It is automatically primed when a test strip comes out.

You are now finished with
the system set up.
Glucomen® READY is now
ready to be used!



READY STEADY TEST



PERFORMING A BLOOD GLUCOSE TEST

FOLLOW THE STEPS ILLUSTRATED IN THIS SECTION TO PERFORM YOUR FIRST BLOOD GLUCOSE TEST WITH **Glucomen® READY**.

1

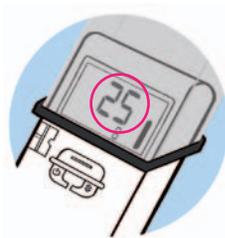
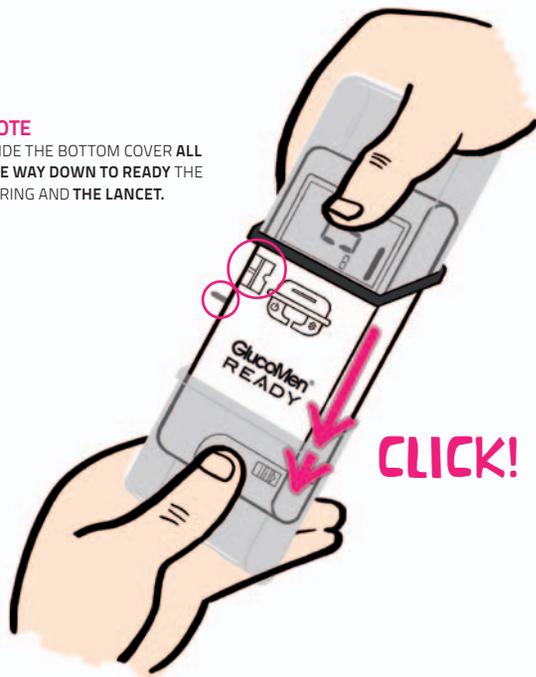
PREPARE A BLOOD GLUCOSE TEST

1.1 READY THE LANCET AND TEST STRIP

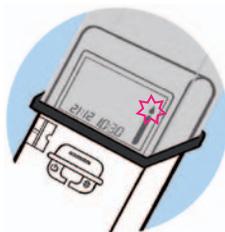
Slide the bottom cover down until you hear a “click”: the test strip comes out and the lancet is primed with a single move!

NOTE

SLIDE THE BOTTOM COVER ALL THE WAY DOWN TO READY THE SPRING AND THE LANCET.



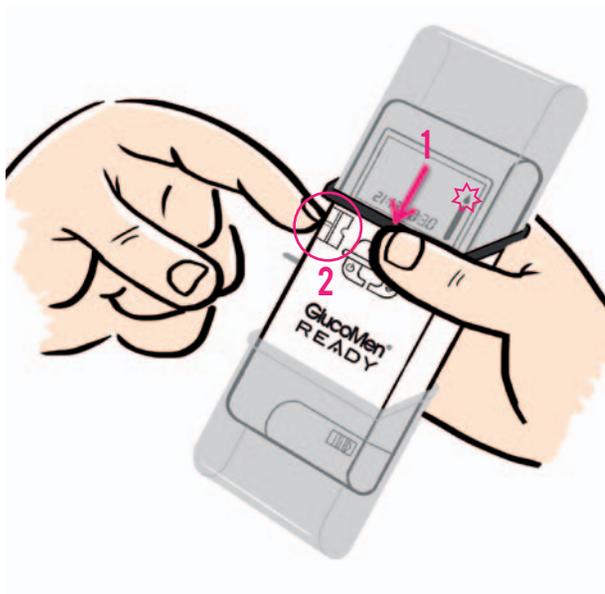
When you switch on the meter, **the number of remaining strips** inside the cartridge appears on the screen for 2 seconds.



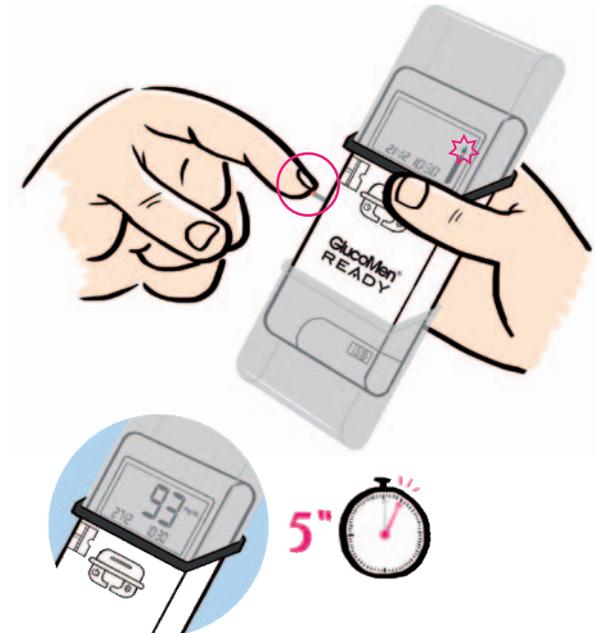
Then a **blinking drop icon** appears: the meter is ready to perform the test.

2**COLLECT A BLOOD SAMPLE**

When the blinking drop icon appears on the display, **press your fingertip** against the lancet holder and press the trigger button to activate the lancet. You'll feel a tiny prick: **a very small quantity of blood** is enough to perform the test (**0,5 μ L**).

**3****PERFORM THE TEST**

Place the blood sample in contact with the strip and... you're done!
The result will appear in **5 seconds**.

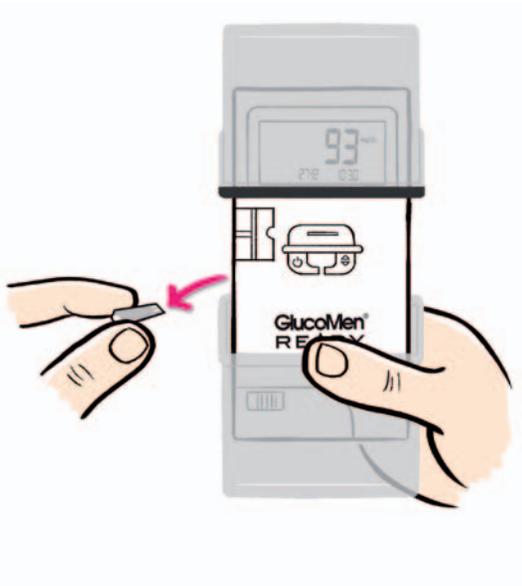


4

SWITCH OFF THE METER

Remove the used strip and close the covers: the meter will automatically switch off.

simple, discreet, always ready!





OTHER FUNCTIONS

Glucomen® READY FEATURES THE
FOLLOWING ADDITIONAL FUNCTIONS.



OTHER FUNCTIONS

MARK FUNCTION

CHECK FUNCTION

AVERAGE (14 DAYS)

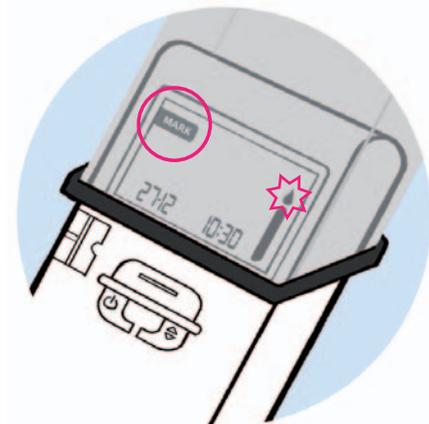
MEMORY

SOUND

DISPLAY BACKLIGHT

GlucoMen® READY allows you to mark a test, e.g. before or after a meal.

Before performing the test, when the blinking drop icon appears on the screen, **press and hold the ON/OFF button** for 3 seconds until the **MARK** icon appears, as illustrated in the figure below. You can then proceed with the test.

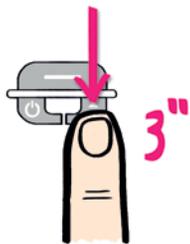


2

CHECK FUNCTION

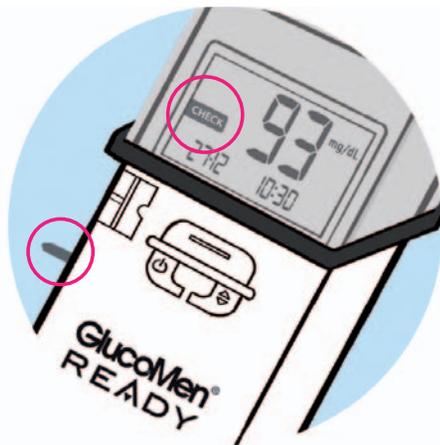
GlucoMen® READY allows you to exclude the last test result from the average of results (e.g. when performing a control solution test) by using the CHECK function.

After performing the test, **before extracting the used test strip**, press and hold **the arrow button** for 3 seconds until the **CHECK** icon appears, as illustrated in the figure below.



NOTE

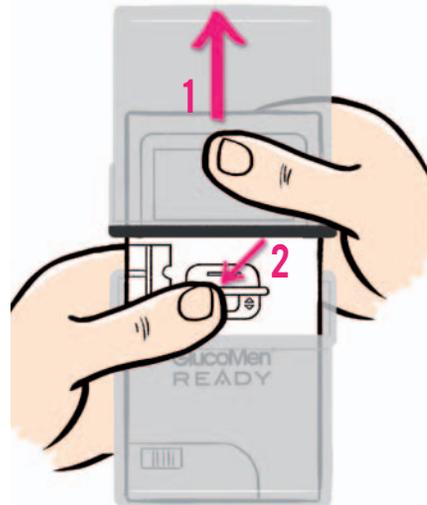
REMEMBER TO ACTIVATE THE CHECK FUNCTION BEFORE REMOVING THE USED TEST STRIP.

**3**

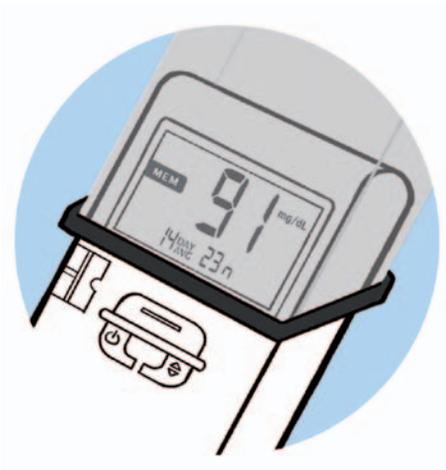
AVERAGE (14 DAYS)

GlucoMen® READY allows you to visualise the average of the tests performed during the last 14 days.

Slide the top cover up and press the ON/OFF button to **switch on the meter**.

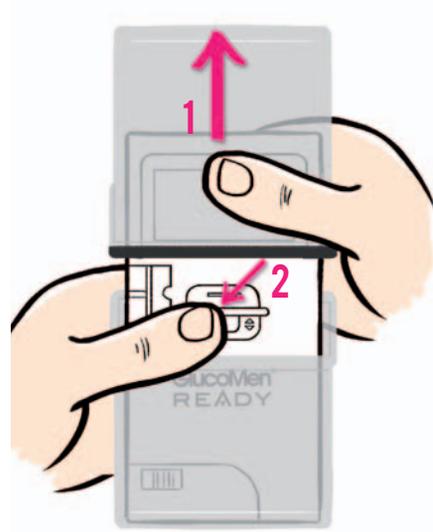


The screen will show the number of remaining strips for 2 seconds, then **the average of the tests** performed during the last 14 days will appear, as illustrated in the figure below.

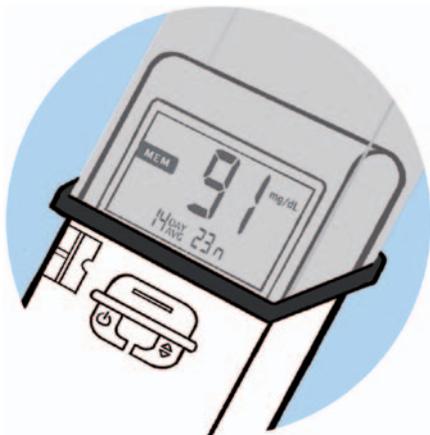


GlucoMen® READY can recall up to **500 results** filed in its memory (with the time and date of each test). To visualise filed tests results, follow the instructions below.

Slide the top cover up and press the ON/OFF button to **switch on the meter**.



The screen will show the number of remaining strips for 2 seconds, then **the average of the tests** performed during the last 14 days will appear, as illustrated in the figure below.



Press the arrow button to visualise **filed test results**.

Going through the list, you will see that the MARK icon tags the "marked" results.



TIP

PRESS AND HOLD THE ARROW BUTTON TO SCAN THE FILED RESULTS MORE RAPIDLY.

5

SOUND

GlucoMen® READY features a beeping sound.

The sound default setting is ON.

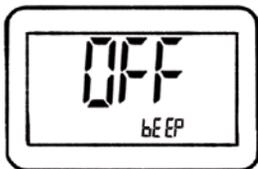
To cut-off sound, follow the instructions below.

Press and hold the **ON/OFF button** for 3 seconds to enter SET mode.

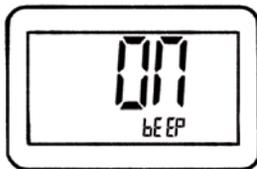
Press the ON/OFF button again, briefly: after visualising steps that allow you to change date and time, you can **change the sound setting** (ON or OFF) with **the arrow button**.

Press the ON/OFF button to confirm.

Press and hold **the ON/OFF button for 3 seconds** to exit SET mode.



Sound
OFF



Sound
ON

6

DISPLAY BACKLIGHT

When visualising the blood glucose test result, the screen of the meter illuminates.

The default setting is ON.

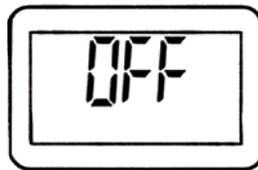
To deactivate this function, follow the instructions below.

Press and hold the **ON/OFF button** for 3 seconds to enter **SET** mode.

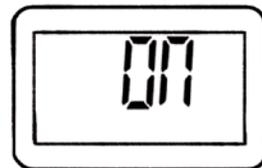
Press the ON/OFF button again, briefly: after visualising steps that allow you to change date, time and sound setting, you can **change the backlight setting** (ON or OFF) with **the arrow button**.

Press the ON/OFF button to confirm.

Press and hold **the ON/OFF button for 3 seconds** to exit SET mode.



Display backlight
OFF



Display backlight
ON

ADDITIONAL NOTES

1. When the test strips cartridge is removed, the test strips counter is reset to the default value: 25 (10 with the test strips cartridge inside the box).
2. Do not try to re-insert a test strip that already came out of the dedicated slot.
3. Do not try to push a used lancet inside the meter. If you need to replace the lancet, extract the lancet holder first.
4. When the battery icon  appears on the screen there is enough energy left for approximately 20 tests.
Note: the results of those 20 tests are not filed in the memory. When the  icon appears, we advise you to change the battery as soon as possible.

TO LEARN MORE ABOUT
GlucoMen® READY

OR VISIT
WWW.XXXXXXXXXXX.XX

CALL
TOLL NUMBER XXX-XXXXXXX